



WELCOME TO

My Tech for All Training

**Mastering Safety
in the Digital Age**

Welcome

My Tech for All Training

Technology Training

**We'll get started in a moment,
but first,**



***What are you most worried
about in terms of Internet
safety?***

Use chat to answer this question





WELCOME TO

My Tech for All Training

**Mastering Safety
in the Digital Age**

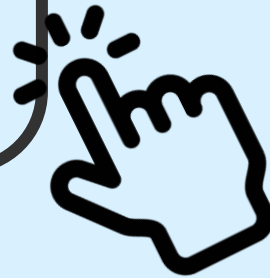
SPONSORED BY

Georgia Council on Developmental Disabilities

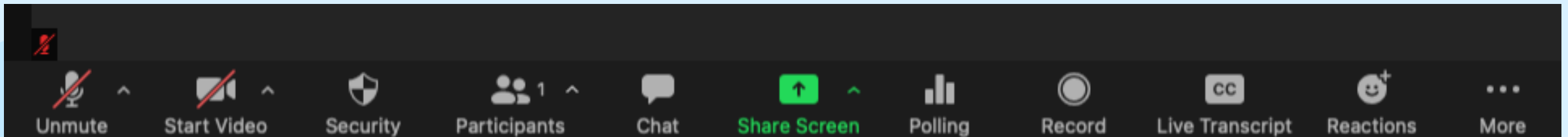


Closed Captioning is Provided

Click in the
CC button to
see live captioning



Hide Subtitle
View Full Transcript
Subtitle Settings...



Tech Partner Agencies

1. Georgia Advocacy Office
2. Department of Behavioral Health and Developmental Disabilities
3. Sanghaunity Network
4. Friends of Disabled Adults and Children
5. Tools for Life
6. Pineline Behavior Health
7. Pathways-New Connections

Tech Partner Agencies

Participants (1)

MF Mark Friedman (Host, me)

Rename

Agency, Your name

Rename

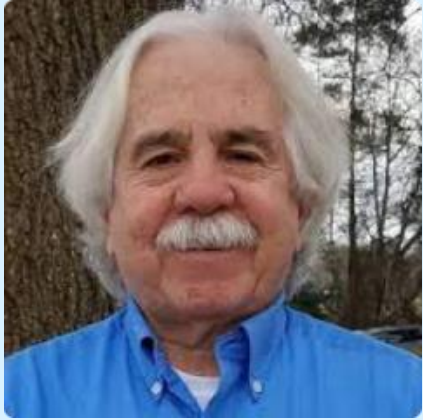
Enter a new name below:

Mark Friedman

Change Cancel

Mark Friedman

Audio Video Participants 1 Chat React Raise hand Share Host tools AI Companion Apps More End



Mark Friedman, Ph.D.



Ruthie-Marie Beckwith, Ph.D.



David Wetherow

Training Team



David Taylor



Sandra Wilcox

My Tech for All **Upcoming Technology Trainings**

Thursday, December 5, 2024



Upcoming Technology Trainings

1. Zoom, Teams & Google
2. Alexa, Siri, & Google
3. Artificial Intelligence
4. Travel Apps
5. Smart Watches, Fitbit, Health Devices
6. Jobs & Volunteer Opportunities
7. Cooking Tips and Recipes
8. Smart Homes



Week 1: **Mastering Safety in the Digital Age**



Safety Net - An accessible guide to keeping everyone safe online



Internet Basics: A Quick Review

- 1. Passwords**
- 2. Spam**
- 3. Phishing**
- 4. Viruses**
- 5. Cyber Bullying**
- 6. Sexting**

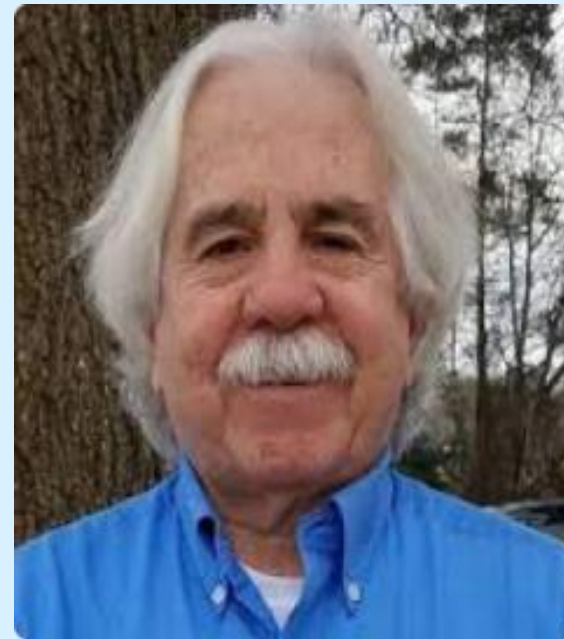


Staying Safe Poll

Passwords, Computer Spam,



David



Mark

1. Passwords



Your passwords are just like a key to your house

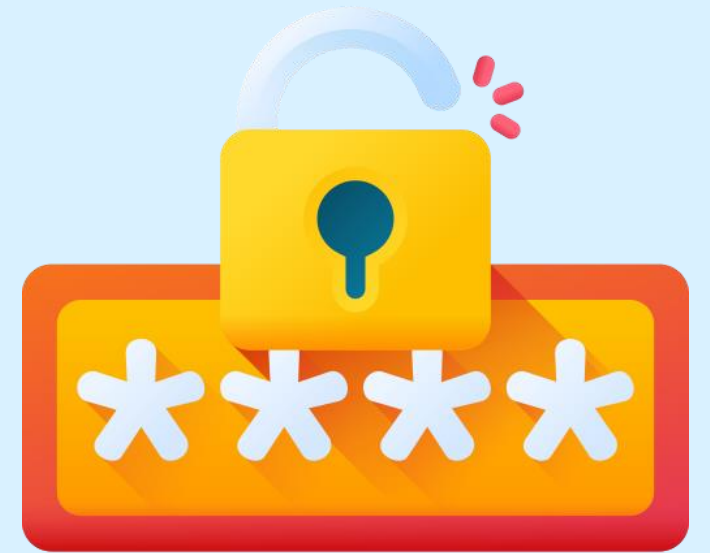


A bad actor with your password can cause a lot of damage

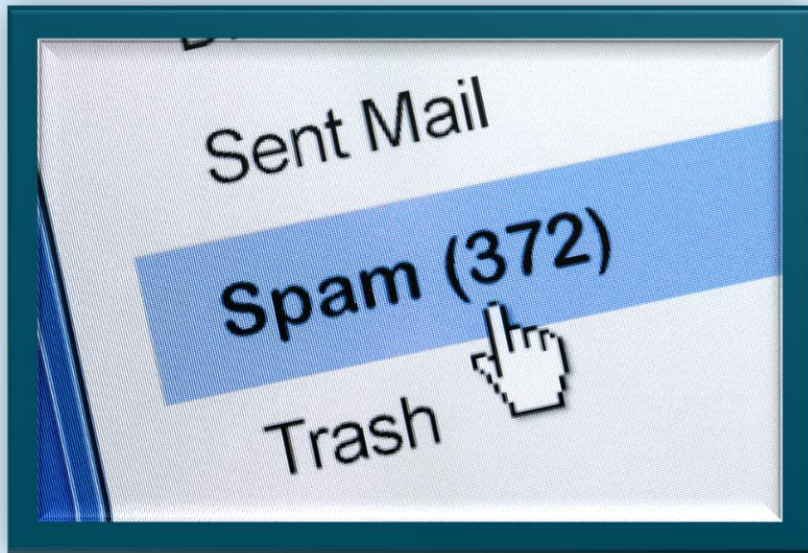
Take Action: Passwords

Things You Can Do To Protect Your Passwords:

1. Keep your **passwords** in a **safe place** (but not right next to your device).
2. Don't use the same password for all accounts.
3. **Change** your passwords on a **regular** basis.
4. Use passwords that are hard to **guess** (don't use your name, home address or numbers all in a row).



2. Spam



Spam is information when people or businesses you don't know send you that you didn't ask for



Don't respond to information or people you don't know!

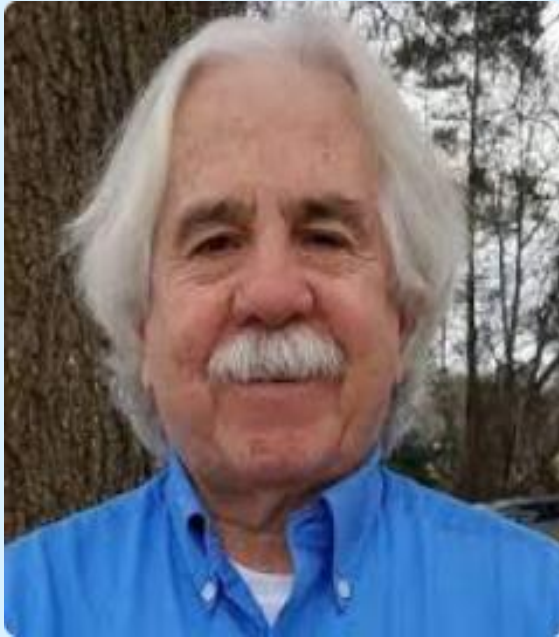
Take Action: Spam

Things You Can Do To Get Rid of Spam:

1. Make sure your settings are set to screen spam.
2. **Don't respond** to **emails** or texts from people you don't know (ask your support person or tech partner, if you aren't sure).
3. **Unsubscribe** from automatic notices you get from mailing lists you didn't sign up for.



3. Phishing

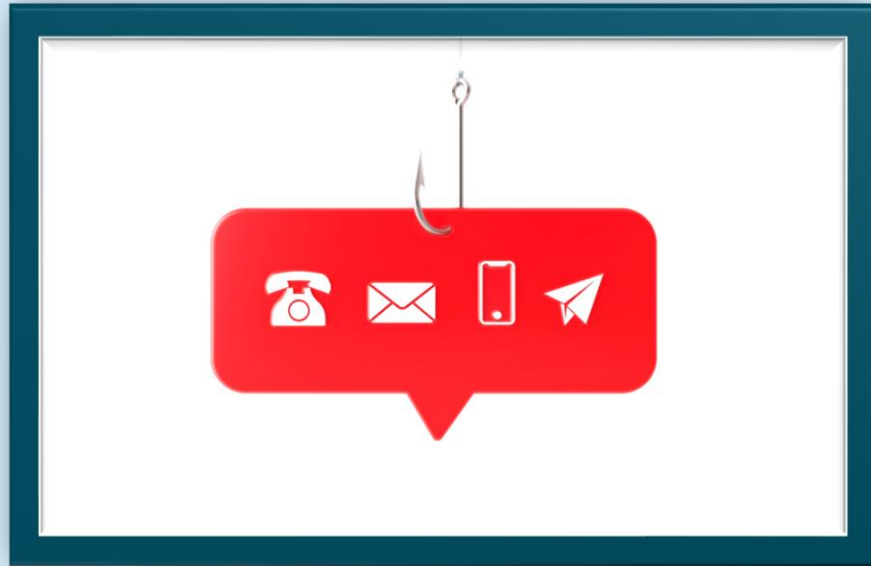


Mark

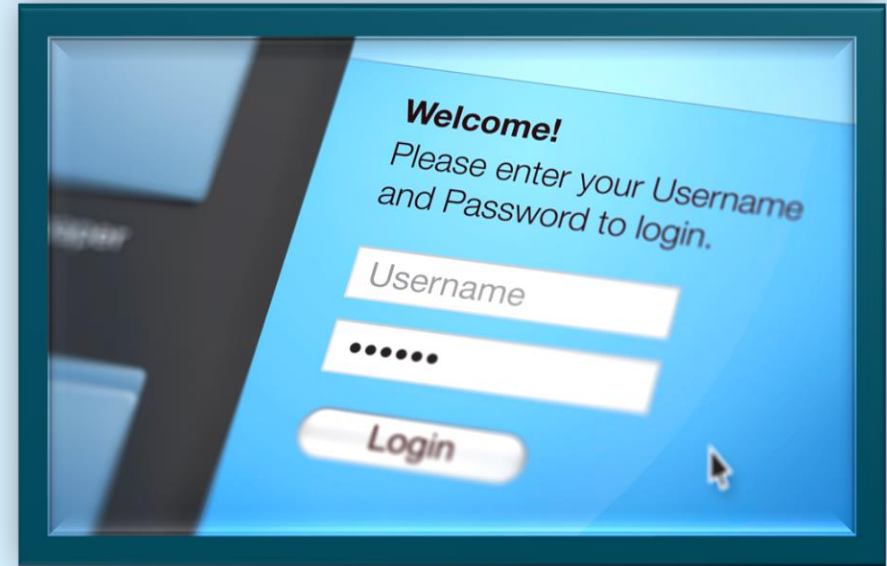


Sandra

3. Computer Phishing



Computer Phishing is something people use to trick you into giving out personal information



Computer Phishing wants to get your username and password so they can steal something from your account(s)

From:

Amazon <management@mazoncanada.ca>

on behalf of

not an Amazon email address
(note the missing A in Amazon)

Jan 25/2014 7:55 PM

To:

@sheridanc.on.ca

Cc:

Subject:

Suspension

amazon.com[®]

Dear Client,

Generic non-personalized greeting

We have sent you this e-mail, because we have strong reason to believe, your account has been used by someone else. In order to prevent any fraudulent activity from occurring we are required to open an investigation into this matter. We've locked your Amazon account, and you have 36 hours to verify it, or we have the right to terminate it.

To confirm your identity with us click the link bellow:

<https://www.amazon.com/exec/obidos/sign-in.html>

Sincerely,

Hovering over the link reveals it points to a non-Amazon site - "http://redirect.kereskedj.com"

The Amazon Associates Team



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⚠ Your account is on hold.

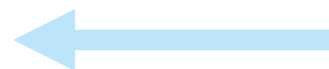


Please update your payment details

Hi Dear,

We're having some trouble with your current billing information. We'll try again, but in the meantime you may want to update your payment details.

UPDATE ACCOUNT NOW



Need help? We're here if you need it. Visit the [Help Centre](#) or [contact us](#) now.

- Your friends at Netflix

4. Computer Viruses



David

4. Computer Viruses



Viruses are software programs that can track things on your device and send it to strangers.



Viruses can make your device run slow or completely stop it from working.

Take Action: Computer Viruses

Things You Can Do To Protect Yourself from Computer Viruses:

1. Install an antivirus program that regularly checks for viruses.

Two popular antivirus programs are:

McAfee Antivirus and Malwarebytes

The Malwarebytes logo, featuring a blue stylized 'M' icon followed by the word 'malwarebytes' in a blue sans-serif font.The McAfee logo, featuring a red stylized 'M' icon above the word 'McAfee' in a red sans-serif font, with a small 'TM' trademark symbol.

Take Action: Viruses

Things You Can Do To Protect Yourself from Viruses:

1. **Don't go** to **websites** that ask you to keep clicking on things to follow a story.
2. Take your device to get checked by a **certified technician** if you think you have a problem.

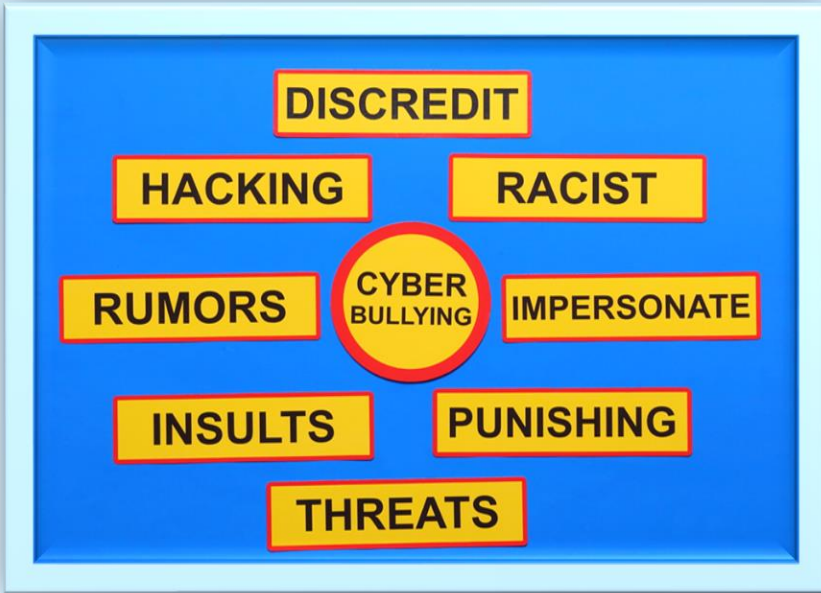


5. Cyberbullying

Sandra



5. Cyber Bullying



Cyber Bullies use their devices to make other people feel bad



Cyber Bullies use their power to stop you from enjoying the Virtual Community

Take Action: Cyber Bullying

Things You Can Do To Protect Yourself from Cyber Bullying:

1. **Be kind**; do not send or post things that are mean or call other people names etc.
2. Tell your Tech Partner someone is bullying you (or anyone you trust to help).
3. **Block** the person from your contact list in the apps you are using.
4. Get help **reporting** someone who won't stop bullying you.



6. Staying Safe from Unsafe Photos Sexting



Mark

True or False?

**Strangers
can pretend
to be your
friend to get
you to do
unsafe things**

😊 True?

😊 False?

**It's Okay to
send pictures
of yourself
without
clothes**

😊 True?

😊 False?

**You can go to
jail if you share
unsafe pictures
of someone
who is
underage**

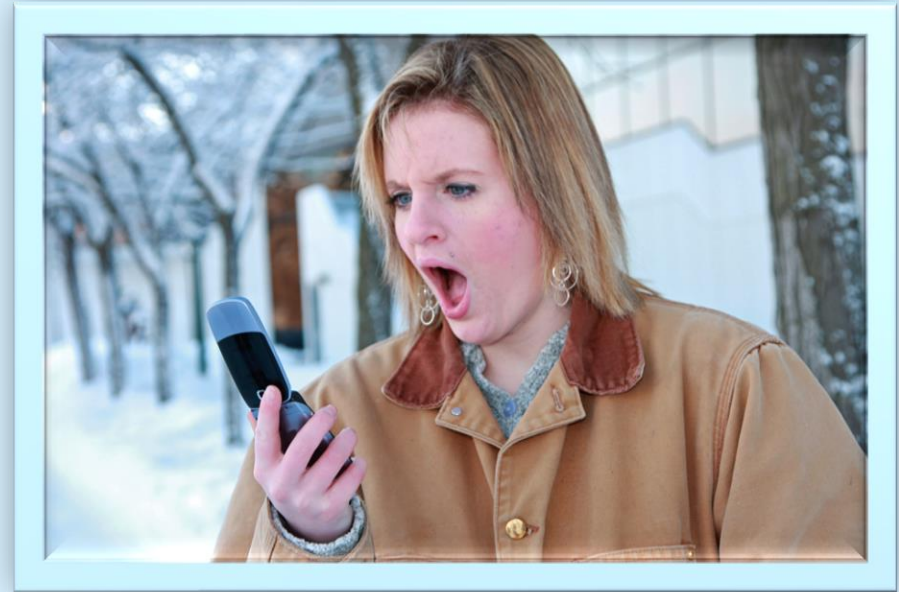
😊 True?

😊 False?

6. Sexting Unsafe Photos



Sexting is sending or receiving pictures of private body parts



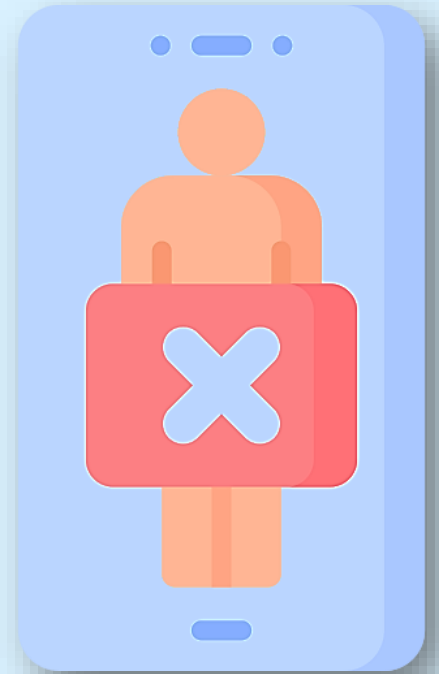
Sending or receiving pictures of private body parts of children and teenagers is ILLEGAL.

You could be ARRESTED if you do this!

Take Action: Sexting

Things You Can Do To Protect Yourself from Sexting:

1. Don't take **pictures** of **yourself** naked or in your underwear.
2. **Don't send** pictures of yourself naked or in your underwear to anyone else.
3. Tell your **Tech Partner** if someone **ask** you to do this (it could even be a friend, a relative, a co-worker, or another support person).



Things to Think About

Bad actors can try to trick you out of information

Staying Safe is Your Responsibility

Everyone takes precautions in the regular community to stay safe. We:

- Lock our doors
- Don't give our personal information out to strangers
- Do background checks on potential workers.
- Making sure the settings on your device are set to block as much of this as possible



Break Out Room Session (12 min)

Share: What do you know about how to be safe when you are using technology?



WELCOME!
BACK





REPORTING TEAM

10 minutes

BREAK



WELCOME!
BACK!



**Devices &
Apps of
the Week**



Mastering Safety in Person

Doorbells



First Aid Apps



**Device of
the
Week:
Doorbells**



**App of the
Week:
American
Red Cross**





Next Steps

My Tech for All

Upcoming Technology Trainings

Thursday, December 5, 2024



Upcoming Technology Trainings

1. Zoom, Teams & Google
2. Alexa, Siri, & Google
3. Artificial Intelligence
4. Travel Apps
5. Smart Watches, Fitbit, Health Devices
6. Jobs & Volunteer Opportunities
7. Cooking Tips and Recipes
8. Smart Homes





The Homework Assignment For This Coming Week

**Download the
American Red
Cross First Aid App
and find out how
to treat a bug bite**



Satisfaction Survey



https://docs.google.com/forms/d/1AUz3vHgs68j_tKislTt_-SoW7Helw4A2yVY-85lqvtk

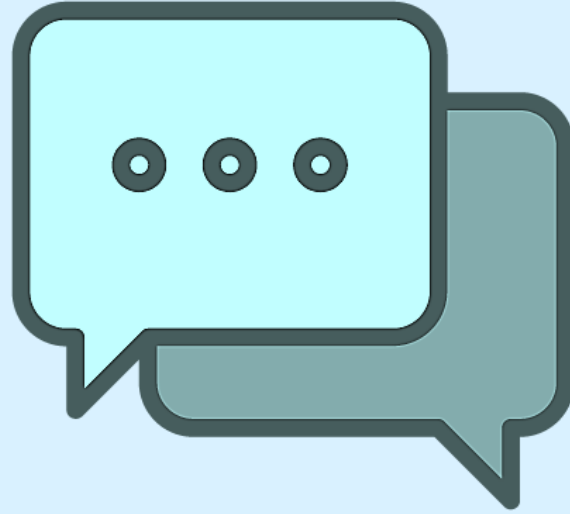
Recording... Ruthie-Marie Beckwith is talking...

2/4

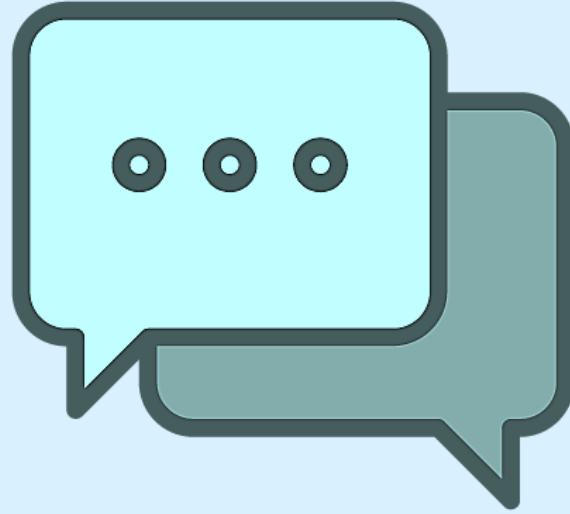
2/4

Unmute Stop Video Security Participants 82 Polls Chat 3 Share Screen Pause/Stop Recording Live Transcript Breakout Rooms Interpretation Reactions Leave

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Post a few words
about what you
learned today.
Type in the **Chat Box**



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about what you
learned today.
Type in the **Chat Box**



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My Tech for All

Upcoming Technology Trainings



Technology For All Training: Georgia

Date & Time

Selected Sessions:

Nov 7, 2024

Dec 5, 2024

Jan 2, 2025

Feb 6, 2025

Mar 6, 2025

Apr 3, 2025

May 1, 2025

Description

The time is 10am Eastern Time.

